

Buckland Primary School

School Based Provision March 2021 Guidance & Precautions



COVID-19 **stay at home** if you have either:

The most important symptoms of coronavirus (COVID-19)



new and
continuous cough

or



high
temperature

or



loss of, or change in,
your normal sense of
taste or smell (anosmia)

Do not go to a GP surgery, pharmacy or hospital.

Call 111 / 999 in an emergency

All children and adults are entitled to be tested if anyone from a household develops symptoms.

<https://www.gov.uk/get-coronavirus-test>

Guidance & Precautions

Please read very carefully

COVID-19 Symptoms

Your child **MUST NOT** attend school if they or a member of their household displays symptoms of COVID-19. Book a test immediately and inform the school.

WHAT TO BRING?

Your child can bring in a named water bottle and lunch box (if having packed lunch). Please can this be clearly named and thoroughly dishwashed/cleaned once they get home.

- **The children can also bring in a piece of fruit for morning playtime.**
- **Your child can bring a school bag into school.**

MEET AND GREET and Drop off times: see letter

- Children to be accompanied by one adult and are to enter their classrooms via agreed entrance.
- It is important that you follow social distancing guidance and stand at least 2 metres apart from other adults and the member of staff who opens the door.
- On arrival ALL pupils will be directed to wash their hands before sitting at their desks. Regular hand washing will also take place throughout the day.
- **Parents will not be permitted to enter the main school building.**

PE

- When the children have PE or Sports Focus they come into school wearing their PE kits. Pupils **do not** change at school.
- On those days PE kits are worn all day – see full return letter

HOME TIME:

- Children must be collected by an adult/older sibling from the designated pick up point.
- See letter for specific times and location (same as autumn term).

CONTACT INFORMATION

Make sure the school has up to date contact details for family members. We need up to date emergency contact details should your child become poorly/exhibit symptoms of coronavirus as they will need to be **collected immediately**.

IF YOU BECOME UNWELL

If you become unwell with coronavirus symptoms, you **must** immediately contact school and arrange for collection of your child from someone who is not displaying Coronavirus symptoms and is **not** self-isolating.

SOCIAL DISTANCING

In line with government advice the **STAY AT HOME** guidance **MUST** be followed when your child is not in school if we are to prevent/minimise the spread of infection (see back page). See the link below for further details.

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>

STRUCTURE OF THE DAY

- Each 'bubble' will be a self-contained unit during teaching times and break times and will NOT mix with other groups. They will be taught by the same adult(s).
- Some adults in school may work with children across the school and will follow clear guidance to promote the safety of everyone.
- Playtimes and lunchtimes will be staggered.
- Lunches (Y1 to Y6) will be eaten in the classroom.
- Social Distancing and hand hygiene will be promoted at all times.
- No shared assemblies will take place – all assemblies will be virtual and take place in classrooms via their smart TVs.

SOCIAL DISTANCING


What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases.

Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.

AVOID


- Group gatherings
- Sleepovers
- Playdates
- Concerts
- Theater outings
- Traveling
- Athletic events
- Crowded retail stores
- Malls
- Workouts in gyms
- Church Services
- Visitors in your house
- Non-essential workers in your house
- Mass transit systems



KEEP YOUR DISTANCE


- Visit a local restaurant to get take out
- Visit grocery store
- Pick up medications
- Play tennis in a park

Keep at least 6' - 8' between yourself and others




SAFE TO DO

- Take a walk
- Go for a hike
- Yard work
- Play in your yard
- Clean out a closet
- Read a good book
- Listen to music
- Cook a meal
- Family game night
- Go for a drive
- Group video chats
- Stream a favorite show
- Check on a friend or elderly neighbor






Hand-washing technique with soap and water

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1 Wet hands with water
- 


2 Apply enough soap to cover all hand surfaces
- 

3 Rub hands palm to palm
- 

4 Rub back of each hand with palm of other hand with fingers interlaced
- 

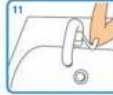
5 Rub palm to palm with fingers interlaced
- 

6 Rub with back of fingers to opposing palms with fingers interlocked
- 

7 Rub each thumb clasped in opposite hand using a rotational movement
- 

8 Rub tips of fingers in opposite palm in a circular motion
- 

9 Rub each wrist with opposite hand
- 

10 Rinse hands with water
- 

11 Use elbow to turn off tap
- 

12 Dry thoroughly with a single-use towel



Hand washing should take 15-30 seconds



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Adapted from World Health Organization Guidelines on Hand Hygiene in Health Care

